**Les jeunes et l'alcool: faut-il avoir peur du "binge drinking" ?**

Le "binge drinking" peut se décrire comme la consommation occasionnelle mais excessive et intensive d'alcool (5 verres ou plus), avec l'intention de se saouler.

Le Dr Philippe Batel, médecin alcoologue, parle de "consommation frénétique" et insiste sur la notion "d'intentionnalité" de l'ivresse, mais aussi sur le caractère "organisé" de la consommation, ainsi que sur la recherche de sa "visibilité": les jeunes se saoulent désormais dans la rue.

La pratique du "binge drinking" se répand-elle en France? Selon l'Enquête ESCAPAD 2010, concernant près de 30.000 garçons et filles en France métropolitaine âgés de 17 ans, les ivresses régulières, qui concernent surtout les garçons, augmentent de 7 à 10%. Au cours des 30 derniers jours, presque un jeune sur deux (46%) dit avoir bu au moins cinq verres d'alcool en une seule occasion, 2,2% déclarant l'avoir fait au moins 10 fois.

Pour le Dr Batel, "le phénomène d'ivresse intentionnelle et recherchée fait partie même de l'adolescence. Il faut envoyer des messages de prévention sur les jeunes". "Si on disait aux jeunes que l’intoxication alcoolique va sensibiliser votre cerveau aux mauvaise effets de l’alcool dans les années qui suivent et pour le restant de votre vie aux mauvais effets de l'alcool, je suis sûr qu'ils seraient capables de l'entendre".

Source : *frenchteacher jetsociety.com*

Binge drinking

(14 marks)

1. What definition of binge-drinking is given? (4)

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1. What characteristics of binge-drinking are described by Dr Batel’s definition? (4)

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1. To what do the following statistics refer? (4)
2. 30,000 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. 7-10% \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. 46% \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. 2,2% \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. How does Dr Batel feel adolescents could be made to take health warnings about this phenomenon seriously? (2)

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***ALTERNATIVE QUESTIONS***

Select the best answer according to the text:

**Choix multiple**

(7 marks)

1. In France “binge drinking”
   1. is not widespread in France
   2. is widespread in France
   3. is as common as it is in the United Kingdom
   4. is becoming a social danger
2. According to the text, “binge drinking” is when one drinks
   1. Too quickly
   2. too much alcohol
   3. too much in a limited time with the aim of getting drunk.
   4. excessively every evening
3. An important factor is that the drinker
   1. does not intend to get drunk
   2. likes to get drunk in public
   3. drinks certain types of alcoholic drinks
   4. is not used to drinking so much
4. In France in recent years the consummation of alcohol
   1. has diminished a little
   2. has increased significantly
   3. has stayed about the same
   4. has increased a little
5. In the last 30 days
   1. nearly half of adolescents have drunk to excess
   2. nearly a third of adolescents have drunk to excess
   3. 2.2% have drunk 10 glasses in one session
   4. a majority of teens have drunk alcohol
6. Binge drinking
   1. is dangerous only in the short term
   2. Is not dangerous in the short term
   3. affects vulnerable youths in particular
   4. can lead to dependence in the future
7. Dr Batel believes
   1. Youths need to go through this rite of passage
   2. you have to explain the dangers clearly to young people
   3. it will be difficult to tell young people their behaviour is dangerous
   4. youths who drink too much should be punished

Binge drinking

(14 marks)

1. What definition of binge-drinking is given? (4)
   1. Occasional consumption of alcohol
   2. But excessive
   3. 5 or more glasses
   4. With the aim of getting drunk
2. What characteristics of binge-drinking are described by Dr Batel’s definition? (4)
   1. Frenzied (wild/crazy)
   2. Planned
   3. Organised
   4. Public
3. To what do the following statistics refer? (4)
   1. 30,000 (number of adolescents interviewed about binge drinking)
   2. 7-10% (apparent increase in regular drinking; by boys of 17 y.o.)
   3. 46% (the % of youths who say they have drunk; at least; 5 drinks in one session)
   4. 2,2% (the % who have done this; at least 10 times)
4. How does Dr Batel feel adolescents could be made to take health warnings about this phenomenon seriously? (2)
   1. Tell them the effects on their brain/ will affect their brain for the rest of their lives
   2. Will last for the whole of their life.

***ALTERNATIVE QUESTIONS***

Select the best answer according to the text:

**Choix multiple**

(7 marks)

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