

2017 Mental Health Assessment & Suicide Prevention Combined Workshop

Brisbane
Perth
Suicide Prevention Only Workshop
Broome

25-27 July

17-19 October

6-7 September (*Original August workshop changed to September)



Register early as limited workshops are available in 2017



Dr Tracy Westerman is of the Njamal people near Port Hedland, WA and holds a Post Graduate Diploma in Psychology, a Master's Degree in Clinical Psychology and Doctor of Philosophy (Clinical Psychology). She is a recognised leader in the Aboriginal mental health and suicide prevention fields achieving national and international recognition for her innovative and evidence based approaches to these challenging areas (go to https://www.indigenouspsychservices.com.au/staticpage.php?static_id=2 for further information). Dr Westerman is a widely sought after keynote speaker having delivered at 33 national conferences and internationally in Canada (2003); the USA (2004), Auckland (2006 & 2007) and Wellington (2009). In 2005 the Canadian government sent a delegation to Australia to explore Dr Westerman's innovative approaches to Aboriginal suicide prevention and mental health resulting in recommendations that the same approach be adopted for Canadian Aboriginal people (Nunuvut Taskforce, 2006). She was then recognised by Canadian Health, 2009 for her substantial contribution to the field of Aboriginal youth mental health & has been cited in numerous reports recognizing her work in Aboriginal mental health. She has developed unique mental health related psychological tests, assessment models and training packages and delivers her training programs to an average 1,000 participants across Australia annually and has to date trained over 20,000 individuals Australia wide making her one of the most sought after trainers in the field. Her body of work places her at the forefront of Aboriginal mental health service delivery.

Combined workshop includes all content

Participants complete the Aboriginal Mental Health Cultural Competency Profile (Westerman, 2003) which generates a cultural supervision plan. The training has evidence of improving cultural competencies of participants

- Ensuring 'cultural compatibility' - how cultural difference translates with counselling & engagement of Aboriginal clients
- Assessing the difference between culture-bound syndromes and mental illness using evidence based tests and assessments including:
- ACCREDITATION in the Acculturation Scale for Aboriginal Australians – measuring the relevance of culture: differentiating between "being spiritually sung"/cursed & psychosis
- Self-harm and cultural 'sorry' cutting – the distinguishing characteristics; cultural grieving & spiritual visits versus psychosis; culture bound depression & treatments;
- Post-Traumatic Stress – cultural impacts on assessment and treatment. Attachment and cultural parenting – assessing and treating intergenerational trauma from forcible removal.
- ACCREDITATION in the Acculturative Stress Scale for Aboriginal Australians – to gauge the impact of racism, marginalization, within group racism (lateral violence) and cultural identity (adjustment)

Suicide Prevention only content

An overview of Dr Westerman's research on suicidal behaviours in Aboriginal communities – what it tells us about the relevant risk and protective factors and how these differences necessitate a unique approach to Aboriginal suicide prevention

- The nature of Aboriginal suicide – taking the differences that are clear and translating them into effective assessment and intervention strategies.
- Depression – its cultural manifestation and relationship with Aboriginal suicide.
- The components of cultural resilience and how to develop interventions inclusive of these factors.
- Ensuring effective engagement with suicidal Aboriginal clients – an empirically tested engagement model.
- Learn how to determine and discuss suicide intent – the additional challenges this brings when suicide is incompatible with cultural beliefs.
- Learn how to translate cultural differences into Suicide Risk Assessment: Applied case studies using a culturally validated suicide risk assessment tool.
- Postvention – what can be done after a suicide attempt or death
- IPS' success in the development, delivery and evaluation of Whole of Community Suicide Intervention Programs in FIVE states of Australia with over 2,000 community members – an effective community intervention model.

BOTH WORKSHOP INCLUDE ACCREDITATION in the **Westerman Aboriginal Symptom Checklist - Youth aged 13-17 (WASC-Y)** - the ONLY uniquely developed and validated psychological test for Aboriginal youth worldwide (Canadian Health, 2009) and the **Westerman Aboriginal Symptom Checklist - Adult (WASC-A)**. These tests have suicide risk and resilience subscales.

INCLUDED IN WORKSHOP: Aboriginal Mental Health Cultural Competency Profile (CCP: normally \$150); pre-workshop reading materials; participant workbook; morning tea, lunch and afternoon tea

TO SEE WHAT OUR PARTICIPANTS HAVE TO SAY: https://www.indigenouspsychservices.com.au/staticpage.php?static_id=19

**Early Bird Rate from \$1,150 for Suicide Prevention workshop
and \$2,100 for combined 3 day workshop**

For more information contact IPS: T: 08 9362 2036 E: ips@ips.iinet.net.au www.indigenouspsychservices.com.au

2017 Registration Form

(A tax invoice will be issued upon receipt of a completed registration form)
ABN: 98 090 758 713



Please select

LOCATIONS & DATES:

Mental Health Assessment & Suicide Prevention Workshop (3 Days)

Brisbane: ☐ 25-27 July
Perth: ☐ 17-19 October

Suicide Prevention Workshop (1.5 Days)

Broome: ☐ 6-7 September

PRICING OPTIONS FOR WORKSHOPS:

Mental Health Assessment & Suicide Prevention Workshop

EARLY BIRD REGISTRATION - up to 8 weeks prior to workshop

☐ \$2,100+GST If payment is received with registration
☐ \$2,150+GST If payment is NOT received with registration

STANDARD REGISTRATION

☐ \$2,150+GST If payment is received with registration
☐ \$2,200+GST If payment is NOT received with registration

Suicide Prevention Workshop

EARLY BIRD REGISTRATION - up to 8 weeks prior to workshop

☐ \$1,150+GST If payment is received with registration
☐ \$1,200+GST If payment is NOT received with registration

STANDARD REGISTRATION

☐ \$1,200+GST If payment is received with registration
☐ \$1,250+GST If payment is NOT received with registration

Details of person attending workshop ** Mailing address for workshop information

Title: _____ Name: _____ (This will be the name on your certificate)

Position: _____ Email: _____

Postal address: _____ Suburb: _____ State: _____ P/C: _____

Tel Bus hrs (*required): (____) _____ Tel After hrs (*required): (____) _____

Details of person/agency responsible for payment ** Mailing address for a/cs information

Agency to be invoiced (**required:) _____

Postal address: _____ Suburb: _____ State: _____ P/C: _____

Agency Tel (*required): (____) _____ Fax (*required): (____) _____

Email: _____

TERMS & CONDITIONS

- Delegates are responsible for any errors in registration details.
- Once paid fees are **non-refundable**, although places are transferable to another person in your agency.
- If workshops are cancelled by IPS, full refunds of REGISTRATION FEES ONLY will be provided. Participants traveling for workshops MUST BOOK FULLY REFUNDABLE OR CHANGEABLE AIRFARES until workshop is confirmed to be going ahead based on sufficient numbers. This occurs a minimum of 6 weeks prior to the workshop date.

CANCELLATION policy is NOT NEGOTIABLE. IPS regrets the difficult personal circumstances that prevent people from attending, including medical conditions, emergencies, severe weather conditions or transport difficulties, however the logistics of event management prevents IPS from assuming responsibility for these contingencies.



FEES MUST BE FULLY PAID 14 days from the date of invoice or places in the workshop cannot be guaranteed.

I understand & agree to these terms. **PLEASE READ THE TERMS & CONDITIONS CAREFULLY BEFORE SIGNING**

Signature of participant or representative: (*required): _____

Payment details

Cheques made payable to "Indigenous Psychological Services" OR

Please debit my credit card \$ _____ ☐  ☐ 
Number: _____ Exp: _____ CVC: _____ (last 3 digits on back of c/c)

Name on Card: _____

Signature: _____

OR Register online @ www.indigenoupsychservices.com.au (if paying by credit card)

Post form with payment to:
Indigenous Psychological Services
PO Box 1198
East Victoria Park WA 6981
OR
Fax: 08 9362 5546